



EAGEN Postgraduate Course

In collaboration with the Armenian Society of Gastroenterology & EHMSG

Yerevan, Armenia, May 22 - 23, 2020

“Gastrointestinal diseases - therapeutic role of nutrition and gut microbiota modulation”

Course Directors: Peter Malfertheiner, Manik Gemilyan

- DAY 1 -

08.45h	Welcome and introduction of the course	
08.45h – 09.00h	Introduction lecture: Epidemiology of diseases related to malnutrition	T. Milosavljevic
09.00h -10.30h	Session Gastro-esophageal reflux disease: Chair: M. Gemilyan, P. Malfertheiner, D. Dumitrascu	
09.00h – 09.15h	LECTURE: Obesity, metabolic syndrome and basic mechanisms in pathogenesis of GERD	J. Tack
09.15h – 09.20h	Q & A Session	
09.20h – 09.35h	LECTURE: Therapy of GERD: Lifestyle, nutrition and drugs	D. Dumitrascu
09.35h – 09.40h	Q & A Session	
09.40h – 09.55h	CASE: Management of eosinophilic esophagitis: step up from diet to topical corticosteroids	J. Kupcinkas
09.55h – 10.00h	Q & A Session	
10.00h – 10.15h	PRO/CON: Risks of long-term of PPI therapy concerning dietary factors and micronutrition	P. Malfertheiner/ M. Hakobyan

10.15h – 10.20h	Q & A Session	
10.20h – 10.30h	QUIZ = 10 summarizing questions from this session audience voting!	Chairs
10.30h – 11.00h	Refreshment Break	
11.00h -12.30h	Session Stomach: Chair: G. Hakobyan, J. Tack, L. Lundell	
11.00h – 11.15h	CASE: Patient with dyspeptic symptoms with the roadmap to diagnosis	M Gemilyan
11.15h – 11.20h	Q & A Session	
11.20h – 11.35h	CASE: H. pylori eradication: when is a probiotic therapy required?	F. Megraud
11.35h – 11.40h	Q & A Session	
11.40h – 11.55h	LECTURE: Role of the stomach in the regulation of food intake	J. Tack
11.55h – 12.00h	Q & A Session	
12.00h – 12.15h	LECTURE: Dietary and herbal therapy in management of functional dyspepsia	N. Pashinyan
12.15h – 12.20h	Q & A Session	
12.20h – 12.30h	QUIZ = 10 summarizing questions from the stomach session. audience voting!	Chairs
12.30h – 14.00	Lunch Break	
14.00h - 15.30h	Session Pancreas: Chair: E. Grigoryan, J. Kupcinkas, L. Hershenyi	
14.00h – 14.15h	LECTURE: Nutritional support in acute pancreatitis	J. Kupcinkas
14.15h – 14.20h	Q & A Session	
14.20h – 14.35h	LECTURE: Key aspects of treatment of pancreatitis	L. Hershenyi
14.35h – 14.40h	Q & A Session	

14.40h – 14.55h	CASE: Patient with malabsorption	A. Gabrielyan
14.55h – 15.00h	Q & A session	
15.00h – 15.15h	CASE: Patient with refractory malabsorption	A. Hazoyan
15.15h – 15.20h	Q & A session	
15.20h - 15.45h	Refreshment Break	
15.45h - 17.00h	Session Modulation of the Gut Microbiome Chair: A. Gasbarrini, F. Megraud, N. Pashinyan	
15.45h – 16.00h	LECTURE: Nutritional advises to maintain eubiosis and restore dysbiosis	A, Gasbarrini
16.00h – 16.05h	Q & A Session	
16.05h – 16.20h	LECTURE: Probiotic modulation of gut microbiota in health and disease	A. Kocharyan
16.20h – 16.25h	Q & A Session	
16.25h – 16.40h	INTERACTIVE session on “Fecal microbiota transfer”	
	FMT in patient with relapsing C.diff.infection	T. Rokkas
	FMT in patient with ulcerative colitis	A. Gasbarrini
16.40h – 16.55h	Impact of bariatric surgery and interaction with gut microbiota in metabolic syndrome	L. Lundell
16.55h – 17.00h	Q & A Session	
17.00h – 17.10h	Take Home Messages	P. Malfertheiner

CONCLUSION OF DAY -1-



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- DAY 2 -

09.00h - 11.00h	Session Liver : Chair : H. Ghazinyan, T. Matysiak, T. Milosavljevic	
09.00h – 09.15h	LECTURE: Epidemics of hepatic diseases from a global perspective and with focus on Armenia	H. Ghazinyan
09.15h – 09.20h	Q & A Session	
09.20h – 09.35h	CASE: Non Alcoholic Fatty Liver Disease (NASH): lifestyle, diet, drugs	T. Milosavljevic
09.35h – 09.40h	Q & A Session	
09.40h – 09.55h	LECTURE: Management of liver cirrhosis and complications	D. Stimac
09.55h – 10.00h	Q & A Session	
10.00h – 10.15h	LECTURE: Modulation of Gastrointestinal Microbiota in hepatic encephalopathy	P. Malfertheiner
10.15h – 10.20h	Q & A Session	
10.20h – 10.35h	CASE: Hepatocellular cancer- a model case for interdisciplinarity	T. Matysiak
10.35h – 10.40h	Q & A Session	
10.40h - 10.50h	QUIZ= 10 summarizing questions, audience voting!	
10.50h - 11.15h	Refreshment Break	

11.15h - 13.15h		
	Session Lower GI:	
	Chair : T. Rokkas, N. Pashinyan, J. Kupcinskis	
11.15h – 11.30h	LECTURE :The case for and against low FODMAP	D. Stimac
11.30h – 11.35h	Q & A Session	
11.35h – 11.50h	CASE: Patient with gluten intolerance or celiac disease ?	G. Khachatryan
11.50h – 11.55h	Q & A Session	
11.55h – 12.10h	LECTURE: Nutritional and other advises for colorectal cancer prevention	T. Matysiak
12.10h – 12.15h	Q & A Session	
12.15h – 12.30h	LECTURE: Severe constipation: From diet to targeted medical therapy	D. Dumitrascu
12.30h – 12.35h	Q & A Session	
12.35h – 12.50h	PRO/CON: IBD 3 burning points Is there a place for dietary therapy ? conventional immunosuppression or biologicals ? Microbial or antimicrobial therapy to maintain remission ?	PRO : Margaryan, CON : Rokkas
12.50h – 14.10h	Lunch Break	
14.10h – 15.00h		
	Final Session:	
	Chair: T. Hakobyan, G. Khachatryan, L. Lundell	
14.10h – 14.20h	The golden rules on how to best prepare and present lectures	L. Hershenyi
14.20h – 14.25h	Q & A Session	
14.25h – 14.35h	WGO guidelines on 'diet & the gut'	T. Matysiak
14.35h – 14.40h	Q & A Session	
14.40h – 14.50h	Take Home Messages	M. Gemilyan

CONCLUSION OF PGC